



TASTERS

Bowl of marinated olives (V) (C) €2.95

Bread - With a selection of dips (V) (N) €3.50

Rowan Tree Chicken Wings - Spicy marinated chicken wings infused in our own sweet chilli butter €3.75

Albondigas - Home-made meatballs in a tomato and basil sauce (C) €4.25

Patatas Bravas - Cubed sautéed potatoes with garlic aioli or fiery tomato sauce or both (V) (C) €3.75

BBQ Ribs - Baby back ribs coated in a tangy barbecue sauce (C) €3.75

Gambas Pil Pil - Tiger prawns cooked in garlic and chilli oil (C) €4.95

Chorizo - Grilled slices of spicy Spanish sausage (C) €3.50

STARTERS

Soup of the Day – Home-made & served with brown bread €4.50

Rowan Tree Roasted Red Pepper & Tomato Soup - Served with brown bread (V) (C) €5.00

Fish Cake - Served with seasonal salad and house dressing €6.50

Bruschetta Classica - Toasted Italian bread topped with tomatoes, garlic, olive oil and fresh basil (V) €5.25

Rowan Tree Chicken Wings - Spicy marinated chicken wings infused in our own sweet chilli butter €5.95

Warm Garlic Mushrooms - Breaded mushrooms stuffed with garlic cream cheese, served on a bed of seasonal salad and garlic aioli dip (V) €6.25

Grilled Goats Cheese - Bluebell Falls honey and garlic goat's cheese, roasted cherry tomatoes and rocket leaves, drizzled with house dressing and basil pesto (V) (N) (C) €7.95

Tempura Prawns - Prawns marinated in oil and garlic, coated in tempura batter, served with a sweet chilli mayonnaise and seasonal salad €5.95

Baby Back Ribs - coated in a tangy barbecue sauce (C) €5.95

Deep-fried Brie - in our own unique coating, served with seasonal salad and cranberry relish €6.25

Black & White Combo

Quality Irish black and white pudding combined with garlic, thyme and chilli, served with country relish (C) €5.50

SALADS AND ANTI PASTI PLATTERS

Caesar Salad - Baby gem lettuce, garlic croutons, parmesan shavings & our own caesar dressing (V) (C) €7.95 with smoked bacon & grilled chicken (C) add €2.00

Greek Salad - Mixed seasonal salad leaves with black olives, cucumber, sun-dried tomatoes, crumbled feta cheese and house dressing (C) €9.95

Cajun Chicken Salad - Succulent chicken strips marinated in Cajun seasoning on a bed of seasonal salad and drizzled with sweet chilli dressing (C) €9.95

Caprese Salad - Buffalo mozzarella, beef tomatoes and fresh basil pesto drizzled with olive oil and balsamic dressing (V) (C) €9.95

Antipasto Misto - Selection of Italian meats, cheese and roasted Mediterranean vegetables (C) €13.95

Antipasto Vegetariano - Selection of cheeses and roasted Mediterranean vegetables, olives, balsamic onions and roasted cherry tomatoes (V) (C) €12.95

Nicoise Salad – Seasonal salad leaves, tuna, black olives, semi sundried tomatoes, green beans & free range boiled egg & creamy French dressing (C) €9.95 **NEW**

PIZZAS

Margherita - Classic Italian pizza; combination of fresh tomatoes, mozzarella & basil (V) €9.95

Pollo Verdure - Torn chicken breast with roasted Mediterranean vegetables drizzled with fresh basil pesto and mozzarella (N) €11.95

Americano - Classic margherita topped with pepperoni €10.95

Formaggio di Capre - Tomato and mozzarella with soft goat's cheese, pine nuts and fresh basil pesto (V) (N) €11.95

Diavolo - Tomato, mozzarella, spicy salami and jalapenos (optional) €11.95

Pizza con prosciutto e rucola – Tomato, mozzarella, cherry tomatoes, prosciutto & rocket €11.95
NEW

Calzone - A folded pizza with tomato, pine nuts, basil pesto, goats cheese, sun-dried tomato, baby spinach and mozzarella (pepperoni optional)(V) (N) €12.95

Optional extras - jalapenos, olives, fresh chillis, sun-blushed tomatoes

Extra veg €1.00 / extra meat €2.00

PASTAS *All pasta dishes are topped with parmesan cheese*

Stuffed Tortellini - Tortellini pasta stuffed with spinach and ricotta, served in a choice of white wine, garlic and mushroom or rich tomato & basil sauce (V) €11.95

Beef or Vegetarian Lasagne - Italian classic home-made lasagne served with side salad and a choice of fries or wedges €11.95 (Veg) / €13.95 (Beef)

Penne with Chorizo - Penne pasta with spicy chorizo & a chilli & garlic tomato sauce (C) €12.95 **NEW**

Penne alla Contadina - Penne pasta with roasted Mediterranean vegetables infused in a garlic and cream sauce (V) €10.95 with grilled chicken add €2.00

Prawn & Scallop Ravioli - With a lemon & chive burre blanc sauce €13.95 **NEW**

Albondigas - Italian-style home-made meatballs in a rich tomato and basil sauce, served on a bed of spaghetti (C) €12.95

Penne alla Gamberetti della tigre - Penne pasta and grilled tiger prawns infused in a spicy tomato and chilli sauce with fresh basil (C) €13.95

Tagliatelle Carbonara - Tagliatelle pasta in a rich cream sauce with pancetta, mushrooms, onions, black pepper and parmesan cheese €12.95

Spaghetti alla Genovese - Spaghetti with green beans, semi sundried tomatoes, pine nuts & homemade basil pesto €12.95 (C) **NEW**

FROM THE GRILL

10oz Sirloin Steak - Served with sautéed mushrooms and onions, a choice of fries or wedges, with pepper sauce, garlic or spicy Louisiana butter (C) €19.95

Surf 'n' Turf - 8oz fillet steak served with grilled tiger prawns, sautéed mushrooms and onions, rocket and chips or wedges; with pepper sauce or garlic butter (C) €22.95

10 oz Rib Eye - Served with sautéed mushrooms and onions, a choice of fries or wedges, with pepper sauce, garlic or spicy Louisiana butter (C) €21.95 **NEW**

Pollo alla Milanese - Supreme of chicken in a golden crumb, topped with tomato and basil sauce, with grilled mozzarella topping, served with seasonal leaves and fries or wedges €13.95

Rowan Tree Chicken - Supreme of chicken stuffed with our own black and white pudding combo, wrapped in Parma ham on a bed of Tuscan potatoes and caramelised carrots with a wild mushroom and tarragon sauce €18.95

Fish of the Day - Please ask your waiter for today's dish **NEW**

SIDES

Insalata Mista (house salad) €3.25
Chips or wedges €2.50
Garlic bread €2.50 / with cheese €3.00
Mediterranean Vegetables €3.25

BAMBINI - LITTLE ONES

Kids Soup €2.00
Spaghetti with meatballs in tomato sauce (C) €5.00
Spaghetti Bolognese €5.00
Kiddies pizza - Margherita or Pepperoni €5.00
Tagliatelle Carbonara €5.00
Penne Pasta with a choice of home-made tomato sauce, butter, parmesan or chicken €5.00
Selection of ice-cream €3.00
Bambinocino - A little cup of hot milk and chocolate - like a cappuccino without the coffee €1.50

DESSERTS

Tiramisu €5.95
Warm Double Chocolate and Nut Brownie (N) €5.95
Apple and Berry Crumble - Served with Crème Anglaise €5.50
Eton Mess €5.95 (C) **NEW**
Toblerone Cheesecake €5.95
Home-made Carrot Cake €5.95
Selection of Linnalla Ice Cream - Fresh Irish ice cream produced in the Burren (ask your waiter for today's flavours) (C) €5.25
Linnalla Sorbet produced in the Burren (ask your waiter for today's flavour) (C) €5.25 **NEW**

Our desserts are all home made and served with fresh whipped crème Chantilly

Our dishes are prepared fresh daily on the premises by head chef Bobby O'Donoghue and his team.

Our food is sourced locally where possible; our beef and chicken is 100% produced in Ireland and is fully traceable.

(V) Vegetarian

(N) Contains nuts or nut oils. Any dish not carrying this symbol is made without nuts but there's always a possibility that traces of nuts may be found. Also, please watch out for olive stones

(C) Denotes coeliac-friendly dishes; gluten-free pasta is available on request. There's always the possibility that traces of gluten may be found as it is not a certified gluten free kitchen

If you're sensitive or allergic to any of our ingredients, please check with your waiter.

We'd love to hear your thoughts, so ask our staff for a feedback form or send an email to info@rowantreecafebar.ie