

TASTERS

Bowl of marinated olives (V) (C) €3.50

Bread - With a selection of dips (V) (N) €3.50

Rowan Tree Chicken Wings - Spicy marinated chicken wings infused in our own sweet chilli butter €3.95

Albondigas - Home-made meatballs in a tomato and basil sauce (C) €4.50

Patatas Bravas - Cubed sautéed potatoes with garlic aioli or fiery tomato sauce or both (V) (C) €3.95

BBQ Ribs - Baby back ribs coated in a tangy barbecue sauce (C) €3.95

Gambas Pil Pil - Tiger prawns cooked in garlic and chilli oil (C) €4.95

Chorizo - Grilled slices of spicy Spanish sausage (C) €3.95

STARTERS

Soup of the Day – Home-made & served with brown bread €4.75

Rowan Tree Roasted Red Pepper & Tomato Soup - Served with brown bread (V) (C) €4.95

Fish Cake - Served with seasonal salad and house dressing €6.95

Bruschetta Classica - Toasted Italian bread topped with tomatoes, garlic, olive oil and fresh basil (V) €5.50

Rowan Tree Chicken Wings - Spicy marinated chicken wings infused in our own sweet chilli butter €5.95

Warm Garlic Mushrooms - Breaded mushrooms stuffed with garlic cream cheese, served on a bed of seasonal salad and garlic aioli dip (V) €6.95

Grilled Goats Cheese - Bluebell Falls honey and garlic goat's cheese, roasted cherry tomatoes and rocket leaves, drizzled with house dressing and basil pesto (V) (N) (C) €8.25

Tempura Prawns - Prawns marinated in oil and garlic, coated in tempura batter, served with a sweet chilli mayonnaise and seasonal salad €6.95

Baby Back Ribs - coated in a tangy barbecue sauce (C) €5.95

SALADS AND ANTI PASTI PLATTERS

Caesar Salad - Baby gem lettuce, garlic croutons, parmesan shavings & our own caesar dressing (V) (C) €8.95 with smoked bacon & grilled chicken (C) add €2.00

Greek Salad - Mixed seasonal salad leaves with black olives, cucumber, sun-dried tomatoes, crumbled feta cheese and house dressing (C) €10.95

Cajun Chicken Salad - Succulent chicken strips marinated in Cajun seasoning on a bed of seasonal salad and drizzled with sweet chilli dressing (C) €10.95

Antipasto Misto - Selection of Italian meats, cheese and roasted Mediterranean vegetables (C) €14.95

Antipasto Vegetariano - Selection of cheeses and roasted Mediterranean vegetables, olives, balsamic onions and roasted cherry tomatoes (V) (C) €13.95

PIZZAS

Margherita - Classic Italian pizza; combination of fresh tomatoes, mozzarella & basil (V) €10.95

Pollo Verdure - Torn chicken breast with roasted Mediterranean vegetables drizzled with fresh basil pesto and mozzarella (N) €12.95

Americano - Classic margherita topped with pepperoni €11.95

Formaggio di Capre - Tomato and mozzarella with soft goat's cheese, pine nuts and fresh basil pesto (V) (N) €12.95

Diavolo - Tomato, mozzarella, spicy salami and jalapenos (optional) €12.95

Pizza con prosciutto e rucola – Tomato, mozzarella, cherry tomatoes, prosciutto & rocket €12.95 **NEW**

Calzone - A folded pizza with tomato, pine nuts, basil pesto, goats cheese, sun-dried tomato, baby spinach and mozzarella (pepperoni optional)(V) (N) €13.95

*Optional extras - jalapenos, olives, fresh chillis, sun-blushed tomatoes
Extra veg €1.00 / extra meat €2.00*

PASTAS *All pasta dishes are topped with parmesan cheese*

Stuffed Tortellini - Tortellini pasta stuffed with spinach and ricotta, served in a choice of white wine, garlic and mushroom or rich tomato & basil sauce (V) €12.95

Beef or Vegetarian Lasagne - Italian classic home-made lasagne served with side salad and a choice of fries or wedges €12.95 (Veg) / €14.95 (Beef)

Penne with Chorizo - Penne pasta with spicy chorizo & a chilli & garlic tomato sauce (C) €14.95 **NEW**

Penne alla Contadina - Penne pasta with roasted Mediterranean vegetables infused in a garlic and cream sauce (V) €12.95 with grilled chicken add €2.00

Prawn & Scallop Ravioli - With a lemon & chive buerre blanc sauce €14.95 **NEW**

Albondigas - Italian-style home-made meatballs in a rich tomato and basil sauce, served on a bed of spaghetti (C) €14.95

Pappardelle Peperonata – Pappardelle pasta with roasted red peppers, Mediterranean vegetables in a rich tomato and basil sauce (V) €13.95 **NEW**

Penne alla Gamberetti della tigre - Penne pasta and grilled tiger prawns infused in a spicy tomato and chilli sauce with fresh basil (C) €14.95

Tagliatelle Carbonara - Tagliatelle pasta in a rich cream sauce with pancetta, mushrooms, onions, black pepper and parmesan cheese €13.95

FROM THE GRILL

100z Sirloin Steak - Served with sautéed mushrooms and onions, a choice of fries or wedges, with pepper sauce, garlic or spicy Louisiana butter (C) €21.50

Surf 'n' Turf - 8oz fillet steak served with grilled tiger prawns, sautéed mushrooms and onions, rocket and chips or wedges; with pepper sauce or garlic butter (C) €22.95

Breaded Supreme of Irish Chicken - stuffed with goat's cheese, sundried tomato & basil on a bed of spring onion mash drizzled with a garlic cream sauce €18.95 **NEW**

Fillet of Salmon - in a golden crumb served with a caramelised red onion and cherry tomato sauce, rocket salad and Tuscan potatoes €17.95 **NEW**

Roast Half Duckling - with a potato and herb stuffing on a bed of spring onion mash, drizzled with an orange and berry sauce €21.50 **NEW**

Rowan Tree Chicken - Supreme of Irish chicken stuffed with our own black and white pudding combo, wrapped in Parma ham on a bed of Tuscan potatoes and caramelised carrots with a wild mushroom and tarragon sauce €19.50

Today's Special - Please ask your waiter for today's dish

SIDES

Insalata Mista (house salad) €3.95
Chips or wedges €2.90
Garlic bread €2.95 / with cheese €3.50
Mediterranean Vegetables €3.95

BAMBINI - LITTLE ONES

Kids Soup €1.95
Spaghetti with meatballs in tomato sauce (C) €4.90
Spaghetti Bolognese €4.90
Kiddies pizza - Margherita or Pepperoni €4.90
Tagliatelle Carbonara €4.90
Penne Pasta with a choice of home-made tomato sauce, butter, parmesan or chicken €4.90
Selection of ice-cream €3.00
Bambinocino - A little cup of hot milk and chocolate - like a cappuccino without the coffee €1.50

DESSERTS

Tiramisu €5.75
Warm Double Chocolate and Nut Brownie (N) €5.95
Apple and Berry Crumble - Served with Crème Anglaise €5.95
Eton Mess €5.95 (C) **NEW**
Toblerone Cheesecake €5.95
Selection of Linnalla Ice Cream - Fresh Irish ice cream produced in the Burren (ask your waiter for today's flavours) (C) €5.50
Linnalla Sorbet produced in the Burren (ask your waiter for today's flavour) (C) €5.50 **NEW**

Our desserts are all home made and served with fresh whipped crème Chantilly

Our dishes are prepared fresh daily on the premises by head chef Bobby O'Donoghue and his team.

Our food is sourced locally where possible; our beef and chicken is 100% produced in Ireland and is fully traceable.

(V) Vegetarian

(N) Contains nuts or nut oils. Any dish not carrying this symbol is made without nuts but there's always a possibility that traces of nuts may be found. Also, please watch out for olive stones

(C) Denotes coeliac-friendly dishes; gluten-free pasta is available on request. There's always the possibility that traces of gluten may be found as it is not a certified gluten free kitchen

If you're sensitive or allergic to any of our ingredients, please check with your waiter.

We'd love to hear your thoughts, so ask our staff for a feedback form or send an email to info@rowantreecafebar.ie

DRINKS

	GLASS	BOTTLE
CHAMPAGNE & SPARKLING		
Prosecco Spumante Cantina Breganze, Italy <i>100% Prosecco grapes, this has an intense bouquet, with apple and pear aromas. (Recommended)</i>	€7.95	€33.00
Prosecco Vespaiolo Frizzante, Italy <i>Fresh, floral and fruity with rose and peach aromas.</i>	€5.50	€22.00
Marqués de Monistrol Cava Reserva Rosé, Spain <i>Crisp and fresh with bright red cherry fruit.</i>		€35.00
Champagne Taittinger Brut Réserve, France <i>Full-bodied with plenty of fruit matched by soft balancing acidity.</i>		€70.00
WHITE WINES		
ITALY		
Chardonnay IGT Rocca Ventosa, Cantina Sociale Di Tollo <i>Unoaked, medium bodied with a rounded finish.</i>	€5.50	€20.00
Pinot Grigio Simboli, Trentino <i>A pale straw yellow colour with a delicate and pleasing nose with some almondy notes.</i>	€6.50	€25.00
Pinot Grigio Veneto Villa Teresa, Vini Tonon <i>Light straw yellow colour with a delicate and fruity bouquet, dry and light-bodied. (Recommended)</i>	€5.50	€20.00
FRANCE		
Cuvée White Georges Duboeuf, Burgundy <i>A clean dry tasting white in the Mâcon style. A wine of as much fruit, finesse and freshness as possible</i>	€4.75	€18.00
Muscadet La Griffe Sèvre & Maine Sur Lie, St-Fiacre <i>A dry wine with lots of fruit and flavour.</i>	€6.50	€25.00
Chablis Premier Cru Beauroy, Chablis <i>Complex notes, mineral and chalk, ripe green apple.</i>		€45.00
Sancerre La Gilbert <i>Crisp and refreshing from vines over 45 years old.</i>		€42.00
Pouilly-Fuissé Clos du Bourg, Fuissé <i>A rich Chardonnay, laden with aromas, a sweet mellowness and amazing complexity.</i>		€48.00
SPAIN		
Enate Chardonnay 234 <i>A well-rounded Chardonnay offering ripe apples and pears, a spicy aftertaste and subtle natural acidity throughout. (Recommended)</i>	€6.50	€25.00

GLASS BOTTLE

CHILE

Casa Silva Colección Sauvignon Blanc, Colchagua Valley, Chile

€5.95 €23.00

Appealing aromas of fresh apricots and mangos with white fruits.

NEW ZEALAND

Mount Vernon Marlborough Sauvignon Blanc

€7.50 €29.00

Crisp acidity balancing grapefruit flavours, with a hint of nuttiness on the finish. (Recommended)

AUSTRALIA

Milton Park Riesling

€28.00

Aromas of mineral, spring flowers, and lemon-lime leading to a crisp, steely wine with lively acidity.

AUSTRIA

Sepp Grüner Veltliner, Rohrendorf

€29.00

A powerful and elegant wine. (Biodynamic) (Recommended)

ROSÉ WINE

Campo Nuevo Garnacha Rosado, Bodegas Príncipe de Viana, Spain

€4.75 €18.00

Dry with intense ripe and juicy strawberry fruit.

Care Rosado, Cariñena, Spain

€6.95 €27.00

Full, fruity and fresh. (Recommended)

RED WINES

ITALY

Valpolicella DOC Rio Albo, Azienda Agricola Ca'Rugate

€7.50 €29.00

Ruby in colour with aromas of blackberries and cherries.

Chianti Colli Senesi DOCG, Tuscany

€7.25 €28.00

A stylish, elegant, very smooth, well balanced.

Rocca Ventosa Montepulciano d'Abruzzo DOC

€5.95 €23.00

Bouquet of small red fruit, violets and licorice. Full-bodied and well-structured with soft tannins. (Recommended)

SPAIN

Campo Nuevo Tempranillo

€4.75 €17.00

An easy-to-drink, fruit-filled wine. (Recommended)

Care Syrah Tempranillo Garnacha, Cariñena

€6.50 €24.00

Ripe fruit, good balance & structure.

Cepa Gavilán, Ribera del Duero, Bodegas Pérez Pascuas

€7.95 €31.00

Beautifully complex and silky with a lingering finish. (Recommended)

FRANCE

Domaine Peirière Merlot <i>Smooth, velvety and full-bodied with dark fruit flavours.</i>	€5.95	€23.00
Château Lamarche Bordeaux Supérieur, Bordeaux <i>Fruit heavy and rich. Elegant with good length.</i>	€6.75	€26.00
Chateau La Commanderie, Pomerol <i>Full-flavoured Claret with generous body and structure.</i>		€39.00
Côtes du Ventoux <i>This red shows the dark, ripe, lush fruit of the vintage with fig, plum and blackberry aromas and a long velvety finish.</i>	€6.50	€24.00
Côte de Beaune Villages [oak-aged], <i>Pinot Noir red fruit flavours, savoury and well-balanced.</i>		€49.00
Châteauneuf-du-Pape Les Gemarelles <i>Ruby red in colour with lovely red fruits and a touch of spice. This is a rich and full-bodied wine with great complexity.</i>		€49.00
Fleurie Cuvée Prestige <i>Supple, generous fruit, cherries and raspberries and plenty of body. (Recommended)</i>		€32.00

CHILE

Casa Silva Colección Cabernet Sauvignon, Colchagua <i>Pronounced dark berry flavours, with light tannins.</i>	€5.95	€23.00
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SOUTH AFRICA

Hout Bay Shiraz, Western Cape <i>Smooth and elegant with luscious red and black berry flavours. (Recommended)</i>	€6.50	€24.00
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ARGENTINA

Bodega Lurton Mendoza Malbec, Mendoza <i>Deep purple with attractive dense fruit flavours.</i>	€7.25	€28.00
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DESSERT WINES & PORT

Recreation No. 3 de Pierre Clement, France		€26.00
Warre's Late Bottled Vintage 1999 Port, Portugal <i>Big, peppery, spicy and rich with finesse and length.</i>	€5.25	

BEERS

Birra Moretti	330ml	€4.50
Corona	330ml	€4.50
Bulmers	330ml	€4.50
Bulmers Pint Bottle	568ml	€5.50
Heineken	330ml	€4.50
Paulaner	500ml	€5.50
Paulaner Alcohol Free	500ml	€4.50
Guinness Can	500ml	€4.50
Peroni	330ml	€4.50
Peroni	660ml	€6.50

COLD DRINKS

San Pellegrino Orange/Lemon	200ml	€2.75
Still / Sparkling water	750ml	€3.75
Still /Sparkling water	250ml	€2.75
Coke/Diet Coke		€2.75
7UP/Diet 7UP		€2.75
Club Orange		€2.75
Orange / Cranberry / Apple Juice		€2.75
Soda/Tonic/Ginger Ale / Lemonade		€2.00

HOT DRINKS

	REG	LGE
Tea	€2.00	
Selection of herbal Teas (Red berry , Chamomile, Green, Peppermint, Earl grey blue flower)	€2.40	
Americano	€2.40	€2.80
Latte		€2.80
Cappuccino	€2.80	€3.20
Espresso	€1.90	€2.50
Macchiato	€2.20	€2.75
Mocha	€3.20	
Hot Chocolate	€2.60	
Extra shot coffee	€0.40	
Flavours (Vanilla, Mint, Crème brulee, Hazlenut, Gingerbread, Caramel)	€0.75	
Irish/Baileys/Calypso/French Coffee	€5.50	

Rowan Tree Café Bar appreciates your custom. We hope you have an enjoyable experience.

Thank you very much from all the team.

Our suppliers

Meat: Kelly's butchers, Pallas Foods

Veg: Keating fruit & veg

Seafood: Galway Bay Seafood

Others: Real Olive Co., Bluebell Falls goats cheese, Linalla Ice cream,

Mangans wholesale

